

UDL Strategies for Global Teaching & Learning: Starting the Conversation

How to Add Your Spoken Name to Your Moodle Profile

Record your audio file.

- You can use your phone's built-in recording software (ex: Voice Memo app) to do this. (The file should be one of the following: .mp3, .aac, .flac, .m4a, .oga, .ogg, .wav)

Transfer the file to your computer.

- Email it to yourself and then download the file.

Upload it to [Moodle](#).

- Log into Moodle and go to your **Profile Page**.
- Click on the **Edit Profile** text in the middle of your page under **User** details.
- Scroll down to the **Description** section and click the icon that looks like film (labeled **Media**).
- Click on the tab labeled **Audio**.
- Click **Browse repositories....**
- Click **Choose File** and browse your computer for the file.
- Click **Upload this file**, then click **Insert media**.
- If desired, you may title it with **"Here's how I say my name."**

Ready for more?

Visit the Faculty Retreat links we've posted to the UDL@CCA Portal site:
<https://tinyurl.com/UDLatCCA>

You'll find ways to:

- sign up for TSS workshops
- join the Teaching Tech Seminar
- learn about using VoiceThread in your classes



Universal Design for Learning: The Basics

Provide multiple means of ENGAGEMENT



Provide options for Recruiting Interest

- Optimize individual choice and autonomy
- Optimize relevance, value, and authenticity
- Minimize threats and distractions

Provide options for Sustaining Effort & Persistence

- Clarify the value of goals and objectives
- Foster collaboration and community
- Increase mastery-oriented feedback

Provide Options for Self Regulation

- Promote expectations and beliefs that optimize motivation
- Facilitate personal coping skills and strategies
- Develop self-assessment and reflection

Provide multiple means of REPRESENTATION



Provide options for Perception

- Offer ways to customize the display of information
- Offer alternatives for auditory information
- Offer alternatives for visual information

Provide options for Language & Symbols

- Clarify vocabulary, syntax, and structure
- Support decoding of text, mathematical notation, and symbols
- Promote understanding across languages
- Illustrate through multiple media

Provide options for Comprehension

- Activate or supply background knowledge
- Highlight patterns, critical features, big ideas, and relationships
- Guide information processing and visualization

Provide multiple means of ACTION & EXPRESSION



Provide options for Physical Action

- Vary the methods of response and navigation
- Optimize access to tools and assistive technologies

Provide options for Expression & Communication

- Use multiple media for communication
- Use multiple tools for construction and composition
- Build fluencies with graduated levels of support for practice and performance

Provide options for Executive Functions

- Guide goal-setting, planning, strategizing
- Facilitate managing information and resources
- Enhance capacity for monitoring progress